

Why Zag?

Our aspiration with every tour is to inspire a change in direction among those traveling with us. Our international tours are carefully designed with a growth mindset to enable our athletes to stretch themselves. We combine the best training on the field with impactful cultural, educational, and volunteer experiences off the field. We don't just see local people from afar, we engage them, learn from them, and give back to them. We believe in using travel as a tool for making a difference in your team and the countries we visit.

Sports Tours by Sports People.

Our majority ownership, operating staff abroad, and other staff are former D1 and high-level coaches. We understand the needs of our U.S. teams on the field. More importantly, we have a passion for the game and the athletes we work to develop

Changing Lives & Giving Back.

We are pioneers in service-based sports tours which we have coined our **Travel. Play. Give Back.** experience. We feel a responsibility to create international tours that are also vehicles to serving the greater good. Service has been part of our fabric since Zag's inception. We hope these experiences enlighten and inspire athletes to remain aware of global interdependence and continue to serve others as they progress through life.

Interactive Cultural & Adventure Experiences.

We strive to include creative activities which expose the athletes to countries and cultures from the inside out. Seeing history and culture is important but experiencing it is our specialty. Whether it be pizza making with an Italian chef, surfing like an Aussie, taking on the rapids of the Swiss Alps or shark cage diving in Cape Town, we hope our experiences challenge our travelers to grow in ways they never thought possible

Passion.

We do this because we have a passion for what we do. A passion to make a difference in some small way. A passion to develop the whole person, on and off the field.

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Men's Lax Sample Portugal Itinerary

Day 1

Depart for Lisbon on overnight flight

Day 2

- 09:30am: Arrive in Lisbon:
Lisbon is one of the oldest cities in the world and predates Paris, Rome, & London by centuries.
- 10:00am: Clear Customs and meet your bilingual tour manager
Collect your baggage and transfer to downtown Lisbon to explore
Free time to explore Lisbon
- 01:00pm: Lunch on your own in the city – not included
- 02:30pm: Transfer to your 4* hotel and check in
- 06:00pm: **Optional Training Session**
- 08:00pm: Dinner at hotel – included



Day 3

- 07:30am: Breakfast at hotel – included
- 08:30am: Meet in lobby and depart for your first game
- 09:00am: Arrive at venue and warm up
- 10:00am: **Game #1 vs. English**
- 12:00pm: Transfer to the hotel and drop off your equipment
- 12:30pm: Transfer to the beach in Costa de Caparica
- 01:00pm: Lunch by the beach at Casablanca with the English – included
- 03:00pm: **Zag Adventure: Team Surfing Lesson**
Free time to hang at the beach
- 06:00pm: Transfer back to the hotel
- Evening: Dinner on your own in small groups – not included



Day 4

- 07:30am: Breakfast at the hotel – included
08:30am: Meet in lobby and depart for your second game
09:00am: Arrive and warm up
10:00am: **Game #2 vs. English**
12:00pm: Transfer back to the hotel
12:30pm: Lunch on your own near the hotel – not included
01:30pm: Meet in lobby and transfer to Sintra (approx. 1-hour transfer)
02:30pm: **Zag Adventure: Team hike to the top of the hill in Pena Park**
Free time to explore in Sintra
06:30pm: Transfer to Lisbon center (approx. 1-hour transfer)
08:00pm: **Zag Culture: Fado Performance & Cultural Dinner**
09:30pm: Transfer back to the hotel



Day 5

- 08:00am: Breakfast at the hotel – included
09:30am: Transfer to the Algarve (Approx. 3-hour transfer)
Lunch on the way en-route – not included
02:00pm: Approximate arrival time and check into your 4* hotel
04:45pm: Transfer to the field
05:00pm: **Zag Give Back: Experience a community outreach program with a Portuguese non-profit working with a vulnerable population or disadvantaged youth. Possible opportunities to grow the game with young players!**
**Give Back is subject to availability of local nonprofits*
06:00pm: End of give back. Transfer back to the hotel
07:00pm: Dinner – included

Day 6

07:00am: Breakfast at the hotel – included
 07:20am: Transfer to Lagos for kayaking!
 09:00am: Arrive in Lagos and set-up for kayaking
 09:30am: **Zag Adventure: Kayak Tour of Lagos:**

- *Discover Lagos coastline by sea, admire the beautiful cliffs, caves and hidden beaches. These kayak tours have the duration of approximately three hours long and include stops in secluded beaches for resting and snorkeling.*



01:00pm: Lunch in Lagos - included
 After lunch, transfer back to the Algarve
 04:00pm: **Zag Give Back: Intro to lacrosse exhibition with disadvantaged children via partnership with Portuguese nonprofit**
**Give Back is subject to availability of local nonprofits*
 05:00pm: End of Give Back and transfer back to the hotel
 Evening: Dinner on your own in small groups the Algarve – not included

Day 7

08:30am: Breakfast at the hotel – included
 09:30am: Transfer to zipline
 10:30am: **Zag Adventure: Limit Zero Zipline**
 ❖ *Experience the only cross-border zipline in the world! Jump off in Spain, end in Portugal.*
 After ziplining, transfer back to the hotel
 01:00pm: Free afternoon to explore the Algarve and hang out at the beach
 Lunch on your own at the beach – not included
 08:00pm: Final Group dinner at Restaurante Agostinhos overlooking the beach ☺ - included

Day 8

04:00am: Check out and collect breakfast boxes at the hotel – included
 Transfer to Lisbon International airport (approx. 4-hour transfer)
 09:00am: Approx. arrival time at airport, check in for your flight
 Depart for US on flight



Tour Inclusions

Round Trip Flights from a major airport

- 1 Free Bag
- Six (6) nights accommodation in Portugal in 4-star standard hotels (03 nights in Lisbon & 03 nights in the Algarve)
- Buffet breakfast daily
- Dinner OR lunch included daily at the hotel or local restaurant
- 1 self-led training sessions
- 2 games against English National Team
- All transfers to & from airport, cities, activities, games and training
- **Zag Culture, Adventure, and Give Back Activities**
 - o Group dinner with Fado experience in Lisbon
 - o Group surfing clinic in Carcavelos Beach in Lisbon
 - o Community service
 - o Kayaking as a group in Lagos
 - o Ziplining across River Guadiana (the only crossboard zipline in the world!)
- Bilingual local tour Manager
- Basic Travel and Health/Medex Policy
- 24-hour Zag office assistance
- Full time Zag Tour manager

Tour Exclusions:

- Passport (visas for foreigners)
- 2nd Bag
- Trainer
- Washing Uniforms
- Drinks at Meals
- Tips for driver, tour manager, etc.
- Lunch each day
- Other items and activities not noted as included
- Increases in Fuel Prices/Airline Taxes beyond those included at 11/15